

On Ice? Walk Like A Penguin

A photograph of a penguin standing on ice, used as a metaphor for safe walking. The penguin is facing slightly to the right. Four white circles with lines pointing to specific parts of its body are used as callouts. The background is a soft-focus icy landscape. The bottom of the image features a dark green and brown geometric design.

**Arms at Sides
for Balance**

**Knees Loose
and Toes
Pointed Out**

**Take Short
Strides**

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